

Download The Guide To Nutrition And Diet For Dialysis Patients

Learn the basics! Dietary Guidelines for Adults Starting on Hemodialysis; Nutrition and Hemodialysis; Nutrition and Peritoneal Dialysis; Most patients on dialysis need to limit the amount of sodium, potassium, and phosphorus in in their diet. Diet and nutrition are an important part of living well with kidney disease. As your kidney disease progresses, your dietary needs will likely change as well. Hi, I'm Francis.... Welcome to The Kidney Function Guide. We are a team of enthusiastic developers and entrepreneurs who decided to convert their common experience into this website. You may need to make changes to your diet when you have chronic kidney disease (CKD). These changes may include limiting fluids, eating a low-protein diet, limiting salt, potassium, phosphorous, and other electrolytes, and getting enough calories if you are losing weight.. You may need to alter your diet more if your kidney disease gets worse, or if you need dialysis.