

Download Time And Psychological Explanation S U N Y Series Alternatives In Psychology

In the field of psychology, cognitive dissonance is the mental discomfort (psychological stress) experienced by a person who holds two or more contradictory beliefs, ideas, or values. This discomfort is triggered by a situation in which a person's belief clashes with new evidence perceived by the person. Sex differences in psychology are differences in the mental functions and behaviors of the sexes, and are due to a complex interplay of biological, developmental, and cultural factors. Differences have been found in a variety of fields such as mental health, cognitive abilities, personality, and tendency towards aggression. Such variation may be both innate or learned and is often very difficult ...1.. Introduction The official recognition of posttraumatic stress disorder (PTSD) in the DSM-III (American Psychiatric Association, 1980) has prompted what is now a very considerable body of research into the psychology, biology, epidemiology, and treatment of the condition. This growth in knowledge has been accompanied by the development of increasingly sophisticated theories that have ... Online social media fatigue and psychological wellbeing—A study of compulsive use, fear of missing out, fatigue, anxiety and depression