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Clear, concise and practical. The fourth edition of Transactional Analysis Counselling in Action is, in my view, the best available introduction to the basic techniques used by TA counsellors and therapists. Both students and more experienced practitioners will find plenty of helpful recommendations and guidance in this accessible and practical text. Clear, concise and practical. The fourth edition of Transactional Analysis Counselling in Action is, in my view, the best available introduction to the basic techniques used by TA counsellors and therapists. Both students and more experienced practitioners will find plenty of helpful recommendations and guidance in this accessible and practical text. Transactional Analysis Counselling in Action, Third Edition meets a demand from counselors and therapists in practice and in training, and from training institutes, for a clearly-written step-by-step account of the process, and practice of using transactional analysis to promote personal change. Transactional Analysis Counselling in Action is a fantastic addition to your collection and is a very handy reference source. It is now in its third edition and is split into 2 main parts: The TA Framework and The Process of Counselling with TA.